



# GYMNASIUM SCHEDULE • LAKELAND FAMILY YMCA

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY					
	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2				
5:00 am	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		YMCA Closed		YMCA Closed					
6:00 am											Open Gym							
7:00 am											Open Gym							
8:00 am	Open Gym		Open Gym		Open Gym		Open Gym		Basketball Games									
9:00 am	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Basketball Games				Open Gym			
10:00 am																	Silver Sneakers	
11:00 am																	Silver Sneakers	
12:00 pm	Adult Pick-Up		Adult Pick-Up		Adult Pick-Up		Adult Pick-Up		Basketball Games		Open Gym							
1:00 pm	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Pick-up Volleyball					
2:00 pm	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym					
3:00 pm	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym					
4:00 pm	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym					
5:00 pm	Thunder Practice		Heat Practice		Suns Practice		Timberwolves Practice		Basketball Games		Open Gym		Open Gym					
6:00 pm	Kings Practice	Jazz Practice	Bucks Practice	Hawks Practice	Spurs Practice	Lakers Practice	Magic Practice	Pelicans Practice	Basketball Games		Open Gym		Open Gym					
7:00 pm	Knicks Practice	Trailblazers Practice	Mavericks Practice	Wizards Practice	Clippers Practice	Nets Practice	Warriors Practice	Hornets Practice	Basketball Games		Open Gym		Open Gym					
8:00 pm	Raptors Practice		Celtics Practice						Basketball Games		Open Gym		Open Gym					